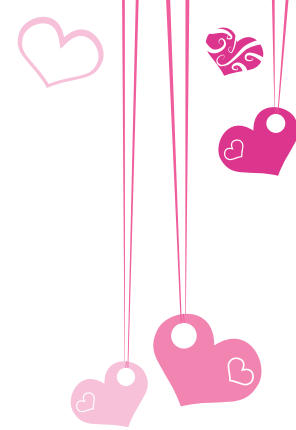






(650) 493-4249
www.paloaltoelks.org

FEBRUARY

GROUP FITNESS SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00AM			ZUMBA bonnie			 CORE & MORE marie
6:00PM	 ZUMBA rowe	CARDIO CORE chelsey				

ANNOUNCEMENTS:

-  Introducing our new Core & More class Saturdays at 9:00am with our new instructor Marie
-  Zumba with Rowe has moved to Monday nights at 6:00pm
-  Come party with us on Friday, February 3rd for The Elks Dancepalooza. We'll show you how exercise can be fun.

